

# FEBRUARY 2020



Senior Meal Suggested Donation

**Lunch \$2.00**  
**Under 60 years \$6.00**  
**Menu Subject to Change**  
**Lunch Served From:**  
**11:30am-12:30pm**

1% L F Milk Served w/Each Meal  
 Can Fruit in Light Syrup  
 WW= Whole Wheat  
 GC=Green Chili  
 RC=Red Chili  
 HM = Honey Mustard

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
<b>Breaded Chicken Sandwich</b> With Lettuce and Tomato Baked Beans Steamed Mixed Veggies Garden Salad w/LF Dressing Fresh Orange	<b>Breakfast for Lunch</b> Bacon, Egg & Cheese Burrito Green Chili Gravy Breakfast Potatoes Grilled Peppers/Onions Chilled Peaches	<b>Beef Stew w/Potatoes and Veggies</b> Steamed Broccoli Garden Salad w/LF Dressing Cornbread w/Margarine Fresh Banana	<b>4 Cheese Lasagna</b> Steamed Italian Vegetables Cucumber, Tomato & Onion Salad Breadstick Fresh Pineapple Spear (MEATLESS MEAL)	<b>BBQ Rib Sandwich</b> Buttered Corn Roasted Red Potatoes Garden Salad w/LF Dressing Fresh Apple Oatmeal Raisin Cookie
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
<b>Country Fried Steak</b> Mashed Potatoes and Gravy Steamed Mixed Veggies Garden Salad w/LF Dressing Biscuit w/Margarine Chilled Applesauce	<b>Sloppy Joe Sandwich</b> Baked Potato w/Sour Cream Steamed Carrots Coleslaw Fresh Grapes	<b>Frito Pie</b> Steamed Zucchini & Onions Shredded Lettuce, Tomato, Onion Flour Tortilla Fresh Banana	<b>Savory Chicken</b> Scalloped Potatoes Steamed Carrots & Peas Garden Salad w/LF Dressing Soda Bread Fruited Jell-O w/Topping	<b>Spaghetti w/Meat sauce</b> Steamed Italian Green Beans Caesar Salad Breadstick Chilled Peaches
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
<b>Green Chili Chicken Stew</b> Brussel Sprouts Garden Salad w/LF Dressing Flour Tortilla Baked Apples	<b>Chef's Salad w/Turkey, Ham, Tomato, Cheese &amp; Egg</b> Croutons Club Crackers Chilled Pears Pudding	<b>Meatloaf</b> Mashed Potatoes & Gravy Steamed Broccoli Garden Salad w/LF Dressing Biscuit w/Margarine Fresh Banana	<b>BBQ Chicken Breast</b> Baked Beans Steamed Corn WW Roll w/Margarine Garden Salad w/LF Dressing Chilled Pears	<b>Waldorf Chicken Salad Wrap w/Cran, Apple, and Nuts</b> Pasta Salad Coleslaw Chilled Peaches
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28
<b>Pork Chops w/Gravy</b> Baked Potato w/Sour Cream Steamed Green Beans Garden Salad w/LF Dressing Biscuit w/Margarine Chilled Mandarin Oranges	<b>Shepherds Pie</b> Steamed Cabbage Garden Salad w/LF Dressing WW Roll w/Margarine Fresh Apple	<b>Fettucine Alfredo</b> Steamed Lima Beans 3 Bean Salad Breadstick Chilled Peaches (MEATLESS MEAL)	<b>RC Beef &amp; Cheese Burrito</b> Pinto Beans Steamed Zucchini & Onions Garden Salad w/LF Dressing Fruit Cobbler	<b>Baked Salmon</b> Rice Pilaf Steamed Peas Coleslaw WW Roll w/Margarine Chilled Fruit Cocktail