

2024-2028

Resource Guide

For Citizens of Sandoval County Ages 55 +



Compiled by:
Division of Senior Services
(505) 891-5018
www.rrnm.gov



Senior Services

Division of Senior Services

Meadowlark Senior Center
4330 Meadowlark Lane SE
Rio Rancho, NM 87124
Main: (505) 891-5018
Fax: (505) 891-7288
www.rrnm.gov

Broadmoor Senior Center
3241 Broadmoor Blvd. NE
Rio Rancho, NM 87144
Main: (505) 891-5050

The Division of Senior Services is a community where adults ages 55 and over can congregate at either of our centers to fulfill many of their social, physical, emotional, and intellectual needs.

DSS strives to improve the quality of life for elder adults through diverse programs and services that encourage citizen involvement. DSS offers complimentary membership, and the monthly activity and event schedule is available FREE online at www.rrnm.gov.

DSS also hosts a meal site operated by the Sandoval County Senior Program. For a suggested donation of only \$2.00, those 60 years of age and older can enjoy a nutritious meal five days a week. Home-delivered meals are provided to seniors unable to attend congregate meal sites. To learn more about the meal program, call (505) 896-8312.

Promoting Positive Aging





Greggory D. Hull
Mayor



July 1, 2024

It is my pleasure to introduce you to the Resource Guide for Elder Citizens of Sandoval County.

The guide is a valuable resource for individuals, caregivers and professionals who work with elder individuals, and who are seeking a variety of home and community-based services.

The creation and publishing of this guide that lists services available in the area is one way that City of Rio Rancho municipal government supports our elder citizens.

Sincerely,

A handwritten signature in black ink that reads 'Greggory D. Hull'. The signature is written in a cursive style.

Greggory D. Hull
Mayor of Rio Rancho

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CITY OF RIO RANCHO

Main **505-891-5000**
 3200 Civic Center Cir NE, Rio Rancho, NM 87144

GOVERNING BODY

Mayor Gregg Hull..... 505-891-5001
 Debra Dapson - District 1..... 505-264-3751
 Jeremy Lenentine - District 2..... 505-264-3752
 Robert Tyler - District 3..... 505-264-3753
 Paul Wymer - District 4 505-264-3754
 Karissa Culbreath - District 5505-264-3755
 Nicole List - District 6505-264-3756

ADMINISTRATION **505-891-5002**

CITY ATTORNEY Suite 400..... 505-891-5003

CITY CLERK Suite 150..... 505-891-5004

DEVELOPMENT SERVICES Suite 130..... 505-891-5005
 Planning & Zoning Division—Building Permits—DS Engineering Division—Code
 Enforcement

FINANCIAL SERVICES Suite 300..... **505-891-5010**

Ambulance Billing..... 505-891-5010
 Alarm Billing.....505-891-5010 #4
 Motor Vehicle Division.....505-891-5014
 4114 Sabana Grande SE

FIRE & RESCUE Headquarters, 1526 Stephanie Rd..... **505-891-5912**

Emergency Management Division..... 505-891-5855
 Burn Line..... 505-891-7268
Emergency **911**

HUMAN RESOURCES..... **505-891-5011**

LIBRARY & INFORMATION SERVICES

Loma Colorado Main Library.....505-891-5013
 755 Loma Colorado Blvd NE Fax.....505-892-4782

Esther Bone Memorial Library..... 505-891-5012
 950 Pinetree Rd SE Fax.....505-891-1396

The HUB..... 505-891-5025
 7845 Enchanted Hills Blvd NE

MUNICIPAL COURT..... **505-891-5999**
500 Quantum Road

PARKS & REC & COMMUNITY SERVICES Ste 100.....505-891-5015
Keep Rio Rancho Beautiful Division.....505-896-8389
Programming & Civic Outreach Division..... 505-891-6196
Indoor/Outdoor Aquatic Center.....505-891-5230
Animal Resource Center..... 505-891-5075
Convention & Visitors Bureau.....505-891-7258
Santa Ana Star Center.....505-891-7330

Senior Services Division - Meadowlark Senior Center..... **505-891-5018**
4330 Meadowlark Ln SE Fax 505-891-7288
Home Bound Meals 505-896-8312
Broadmoor Senior Center..... **505-891-5050**
3241 Broadmoor Blvd NE

POLICE DEPT

500 Quantum Rd NE..... 505-891-5900
Volunteer Front Desk505-891-5843
Main Number / Non-Emergency.....505-891-7226

EMERGENCY **911**

PUBLIC WORKS.....505-891-5016
Traffic/Street Lights & Signs.....505-891-5016
Streets/Right of Way.....505-891-5942

UTILITIES DEPARTMENT.....505-896-8715
Fax.....505-891-5201
Utilities Customer Service..... 505-891-5020

SANDOVAL COUNTY

SANDOVAL COUNTY

Administrative Offices..... 505-867-7500
1500 Idalia, Rio Rancho
County Manager.....505-867-7533
County Assessor..... 505-867-7562
County Clerk..... 505-867-7572
1500 Idalia, Building D, Rio Rancho

County Treasurer.....	505-867-7581
SC Fire Marshal.....	505-867-0245
SC Sheriff’s Office.....	505-867-0168
SC Detention Center.....	505-867-5339
Bureau of Investigations.....	505-867-7521
Health Department.....	505-867-2291
Bernalillo Co Board of Elections.....	505-468-1291
Sandoval Co Board of Elections.....	505-867-7577

EMERGENCY

Emergency – Police/Fire/EMS..... 911

NON-EMERGENCY NUMBERS

Adult Protective Services, (APS) 24 Hour Hotline..... 505-476-4912
 625 Silver SW, Suite 400, Albuquerque 87102..... **866-654-3219**
 To report suspected adult/elder abuse, neglect or exploitation. **1-800-432-2080**
www.nmaqing.state.nm.us

Agora Crisis Center Help-Line 505-277-3013
 Mailing - UNM1: MSC 02 1675 Albuquerque, 87131..... **855-505-4505**
 Help Line Hours: 9 am - midnight, 365 days a year. Crisis, or just call to talk.
www.agoracares.org

Domestic Violence Resource Center (DVRC)..... 505-248-3165
 Family support in situations of domestic violence.

ABQ Family Advocacy Center Non-Emergency:..... 505-243-2333
505-272-6849
Haven House 505-896-4869
 Domestic violence interventions. **or 1-800-526-7157**
 Email: cosmina@havenhouseinc.org
www.havenhouseinc.org

New Mexico Crisis and Access Line..... 1-800-662-7474
Suicide Hotline 24-Hour Crisis Help Line

Poison & Drug Information Center Emergency/24 Hours..... 1-800-222-1222
 University of New Mexico, Albuquerque
<http://nmpoisoncenter.unm.edu>

Rape Crisis Center of Central New Mexico (RCCCNM) Hotline..... 505-266-7711
9741 Candelaria NE, Albuquerque 87112 **Admin 505-266-7712**
Email: info@rapecrisiscnm.org
www.rapecriscnm.org

S.A.F.E. House1-800-773-3645
Shelter for victims of domestic violence.....**Non-Emergency: 505-247-4219**
www.safehousenm.org

Sandoval County505-867-7500
Sheriff's Office (Emergency) EMS, Fire, Law Enforcement **911**
Sheriff's Office **Non-Emergency Dispatch505-867-7526**
1500 Idalia Rd, Bernalillo 87004 8 am – 5 pm, Monday - Friday
www.scsso.sandovalcountynm.gov

Sandoval County Fire Marshal505-867-0245
314 Melissa Rd, Bernalillo 87004
www.sandovalfire.org

UNM Psychiatric Center, Emergency Mental Health Service..... 505-272-2800
2600 Marble NE, Albuquerque 87106
24-hour mental health crisis line; emergency psychiatric services.
www.unmhealth.org

Veteran & Family Support Services (New Mexico) Non-Emergency 1-866-433-8387
Suicide Hotline 24-Hour Crisis Help Line 1-800-273-8255
Help with behavioral and mental matters for veterans, active-duty personnel and their families.
www.nmdvs.org

UTILITY EMERGENCIES - Electricity, Gas, Water

Electricity

Public Service Company of New Mexico (PNM)
Serving Albuquerque, Bernalillo, Corrales, Cuba and Rio Rancho.
To Report Electric Power Outages 1-888-342-5766
www.pnm.com

Gas

New Mexico Gas Company
Customer Service..... 505-697-3335
Safety, information and to report natural gas-related emergency..... **1-888-664-2726**
www.nmgco.com

Ferrell Gas (Propane) 1-888-337-7355
Serves the Jemez area.
www.ferrellgas.com

Water

City of Rio Rancho

Utilities Division Water/Wastewater Services..... 505-896-8715
3200 Civic Center Circle NE, Rio Rancho 87144 **Emergency** 505-975-1581
<https://rrnm.gov/2793/Utilities>

Town of Bernalillo, 24 Hours 505-867-3311

Town of Cuba505-239-3758

Town of Placitas505-867-3017

GENERAL INFORMATION and REFERRAL

AARP Information Center 505-830-3096
www.aarp.org/states/nm

Aging & Disability Resource Center..... 1-800-432-2080
www.nmaqing.state.nm.us 505-476-4799

American Red Cross, Mid-Rio Grande Chapter.....505-265-8514
2121 Osuna Rd NE, Albuquerque 87113
www.redcross.org/local/ARIZONA-NEW-MEXICO-EL-PASO

Animal Humane Society of New Mexico.....505-255-5523
615 Virginia St., SE Albuquerque 87108
Adoptions, spay/neuter services, vaccination clinic and more for income-qualified individuals.
www.animalhumanenm.org

Case Management505-764-6400
The **CASE Management** program links seniors and unpaid caregivers to critical support services.

Catholic Charities of Central New Mexico505-724-4670
2010 Bridge Blvd. SW, Albuquerque 87105
www.ccasfnm.org

City of Rio Rancho, Sandoval County

Division of Senior Services/Meadowlark Senior Center.....**505-891-5018**
4330 Meadowlark Ln SE, Rio Rancho 87124

Meal Site **505-896-8313**

Services/information for persons 55+ and their caregivers.

www.rrnm.gov

Independent Living Resource Center 505-266-5022

1720 Louisiana Blvd. NE Suite 204, Albuquerque 87110.....**1-800-260-5022**

Provides advocacy and services to persons who have disabilities.

www.ILRC.org

NM Coalition of Sexual Assault Programs 888-883-8020

3909 Juan Tabo NE, Suite 6, Albuquerque 87111

Comprehensive resource center on issues of sexual abuse and sexual assault.

Email: nmcsap@swcp.com

www.nmcsap.org

NM Coalition Against Domestic Violence..... 505-246-9240

Referrals for domestic violence victims.

Email: info@nmcadv.org

www.nmcadv.org

Rio Rancho Regional Chamber of Commerce505-892-1533

4001 Southern Blvd SE, Rio Rancho 87124-2069

E-mail: riochamber@rrrcc.org

www.rrrcc.org

Sandoval County Senior Program

Information & Assistance**505-867-7535**

Frail Elderly Program**505-404-5816**

www.sandovalcountynm.gov

Five Sandoval Indian Pueblos, Inc.....505-867-3351

www.fsipinc.org

Helping Seniors/Silver Horizons.....505-884-3881

1913 Eubank Blvd NE, Albuquerque 87112

www.silverhorizons.org

Senior Affairs, Albuquerque Department of505-764-6400

1 Civic Plaza NW, Albuquerque 87102

Email: seniorinformation@cabq.gov

www.cabq.gov/seniors

Thrift Smart.....505-208-8375
3100-A San Mateo Blvd. NE, Albuquerque 87110
www.silverhorizons.org

United Way of Central NM.....505-247-3671
Refers people of all ages who are in need to the appropriate agencies for assistance.
www.uwcnm.org

BENEFITS AND ASSISTANCE PROGRAMS

Be Well NM1-855-996-6449
New Mexico’s Health Insurance Exchange
www.bewellnm.com

NM Aging & Disability Resource Center1-800-432-2080
Fax 505-476-4799

- Information and Assistance**
- Long-Term Care Options Counseling**
- Benefits Counseling:** Health insurance questions, including Medicare, Medicaid.
- Health Care Fraud Prevention**
- Prescription Drug Assistance:** NM MEDBANK Program which assists the uninsured and underinsured obtaining medications at prices they can afford.
- Bill Payer Program:** Money management services for low-income or disabled people who have difficulty budgeting, paying routine bills and keeping track of financial matters.
- Adult Protective Services:** To report cases of adult abuse, neglect or exploitation.
- Community Information and Educational Presentations**
- State Health Insurance Assistance Program (SHIP):** One-on-one benefits counseling and assistance to people with Medicare and their families on topics such as Medicare prescription drug program, Social Security, Medicaid, Medicare and Veterans benefits.

www.nmaqing.state.nm.us

Human Services, Department505-222-9160
800-283-4465

- Medicaid (Institutional):** Coverage for nursing home care, other medical expenses and Part B premium. Must qualify medically and financially.
- Medicaid (Non-Institutional):** Financial aid with medical expenses for persons receiving SSI or AFDC. Covers medical bills and Part B premium. Aged (65+), blind and disabled must first apply for Supplemental Security Income (SSI) at the Social Security Administration.
- QMB - (Qualified Medicare Beneficiary):** Assistance with medical bills and Part B premium for low-income Medicare Beneficiaries.

SLIMB - (Specified Low-Income Medicare Beneficiary): Assistance with Part B premium only for low-income Medicare beneficiaries.

www.hsd.state.nm.us

**Low-Income Home Energy Assistance Program (LIHEAP).....505-265-3714
800-283-4465**

One voucher for energy bills during the winter months for income-eligible households. Applications can also be made at the following sites and at the Human Services Dept.

Toll Free:.....1-800-827-7266

PNM Good Neighbor Fund 1-844-378-5792

Must qualify based on income with \$370.00 cap per year.

Rebuilding Together (Sandoval County).....505-867-1139

P.O. Box 44755, Rio Rancho 87174

Remodeling and home repairs for low-income individuals. No fee.

www.rebuildingtogethersandoval.org

St. Vincent de Paul Clearinghouse.....505-346-1500, Ext. 4

4120 Menaul Blvd., NE, Albuquerque 87110

Provides assistance with utility disconnect notices, rental evictions and food.

Safe Link Wireless.....1-800-723-3546

3200 Carlisle Blvd., Ste. 101, NE, Albuquerque 87110

Free cell phone to recipients of public benefits and HUD Housing Assistance.

Five Sandoval Indian Pueblos, Inc.....505-867-3351

www.fsipinc.org

Sandoval County Assistance Programs

Income Support Office/Indigent Program**505-867-7535**

Regulates Food Stamps, Medicaid and Temporary Assistance for Needy Families (TANF).

Salvation Army, Family Services.....505-872-1171

Rental Assistance (evictions) Utility Assistance

411 Broadway Blvd SW, Albuquerque 87102

Applications/interviews taken Mon. & Wed. (9-11 am & 1-3 pm), or Fri. (9-11 am)

Silver Horizons.....505-884-3881

3540 Pan American Fwy, NE, Ste. B, Albuquerque 87107

Assists income-qualified seniors (50 and older) pay important household bills such as rent, utilities, etc.

www.silverhorizons.org

Social Security Administration..... 800-772-1213
4433 Jager Dr NE, Rio Rancho 87144 TTY.....1-800-325-0778
500 Lead Ave Suite 100 SW, Albuquerque 87102

Includes the following programs:

Retirement (age 62 - 67), Dependent, Survivor's Benefits:

Benefits determined by past earnings and work history.

Disability Benefits: Determined by past earnings for permanently disabled persons. **Supplemental Security Income (SSI):** Supplemental financial assistance for persons who are blind, disabled or 65 years old and income-eligible. Persons who qualify for even \$1 of SSI automatically qualify for Medicaid.

Claims, Part B – Medicare Supplement: Claims for services by doctors and other suppliers covered under Medicare.

VETERANS INFORMATION

American Patriot Service Corporation..... 505-702-8027

3634 Rio Rancho Blvd (Located on Hwy 528), Suite 201, Rio Rancho 87144

Non-profit that helps Veterans who are 65 and older, and their surviving spouses to understand and apply for VA pension and health care benefits which they may be entitled to.

<https://apscnp.org>

AMVETS (VA Regional Office) 505-346-3980

500 Gold Ave SW 6107, Albuquerque 87102..... 877-726-8387

Email: louis.rossi@va.gov

www.amvets.org

Disabled American Veterans..... 505-346-4864

500 Gold Ave SW, Rm 3116, Albuquerque 87102

Goodwill Veterans Services.....1-866-376-0182

or 505-881-6401

Homeless Veterans Reintegration Program- Focuses on placing homeless veterans into long-term employment, as well as providing case management services.

Supportive Services for Veterans' Families- helps stabilize housing for very low-income veterans and their family members.

Veteran Family Services- Provides employment, job training and comprehensive care management to veterans and their family members.

Paralyzed Veterans of America (PVA) - ZIA Chapter 505-247-4381

833 Gibson SE, Albuquerque 87102

Free information on available services and assistance with Veteran's benefits.

www.newmexicopva.org

Veterans Affairs, Department of (Regional Office)1-800-827-1000
500 Gold SW, Albuquerque 87102
Information on eligibility and benefits available to Veterans. Covers pension, burial benefits and guardianship information, etc.

Veterans Affairs, NM Health Care System.....505-265-1711
1501 San Pedro SE, Albuquerque 87108 **1-800-465-8262**
Provides all levels of health care to beneficiaries.
www.albuquerque.va.gov

Provides:

Social Work Services

Treatment and coverage of social services.

Veterans Deserve Aid and Attendance

Helps aging veterans and their surviving spouses pay for care at home, in a nursing home, or in an assisted-living facility - certain disability and income limits apply.

Veteran Services, NM Department of 505-383-2404
5201 Eagle Rock Ave, Albuquerque, NM 87113
500 Gold Ave SW, Suite 3107, Albuquerque, 87102..... **505-346-4810**
Assistance with filing for federal and state benefits for veterans and their dependents.

Veterans Integration Centers..... 505-296-0800
13140 Central Ave SE, Ste 1460, Albuquerque 87123 FAX505-332-8092
Clothing donation program, food pantry, nutrition education, transportation in Albuquerque.
www.nmvic.org

US Veterans Affairs – Regional Office - Albuquerque.....505-346-3780
1501 Gold Ave., SW, 87108
Provides resources on eligibility for benefits available to veterans and dependents.

- **Aid and Attendance.....1-800-827-1000**
Additional monetary benefits for veterans and spouses of veterans who require the regular attendance of another person to assist in activities of daily living.

www.veteranaid.org/apply.php

- **Burial Benefits and Arrangements.....1-800-535-1117**
Loved ones may request a Presidential Memorial Certificate for qualified veterans, headstones and markers, burial flag, partial reimbursement of burial expenses, and burial in a VA National Cemetery.

www.benefits.va.gov/compensation/claims-special-burial.asp

- **Santa Fe National Cemetery.....1-505-988-6400**
501 North Guadalupe St., Santa FE 87501

- **Caregiver Support**.....1-855-260-3274
Provides training, educational resources, and assistance in accessing services and benefits.

www.caregiver.va.gov

- **Crisis Line (24/7)**1-800-273-8255 **Option 1 Text Message**.....838255
Connects veterans in crisis with qualified caring responders on a confidential hotline.
- **Health Care System**.....1-800-465-8262
1501 San Pedro SE, Albuquerque 87108 or 505-265-1711
Provides health care, prescriptions and case management to veterans.
- **Paralyzed Veterans of America (PVA)**.....505-265-1711 ext. 2849
Assists veterans with service-connected injuries.
- **Social Services**.....505-265-1711 ext.3302
Provides advocacy, supportive services and case management to veterans.
- **Supportive Housing (HUD - VASH)**.....505-265-1711
Provides rental assistance for homeless veterans.
- **Transportation for Medical Center**.....505-265-1711 ext. 5438
Free, volunteer-operated transportation for veterans. Reservations required.
- **Visual Impairment Services Team (VIST)**.....505-265-1711 ext. 2774
Provides comprehensive and thorough blind rehabilitation services, training, equipment, and case management to visually impaired veterans.

CONSUMER AND LEGAL ASSISTANCE

Attorney General’s Office.....844-255-9210
408 Galisteo St, Santa Fe 87501
Dept. of Justice, 201 3rd St NW, Suite 300, Albuquerque 87102.....505-717-3500

Better Business Bureau.....505-346-0110
7007 Jefferson St NE, Suite A, Albuquerque 87109
Information on local companies and charities. Mediates consumer complaints.
www.bbbsw.org

Catholic Charities (RAP) Rent Assistance Program505-724-4604
www.housing@ccasfnm.org

Consumer Credit Counseling Southwest
Money Management Int’l, Albuquerque West Branch.....713-394-3232
2727 San Pedro NE, Albuquerque 87110 **24 hours:**1-866-550-8004
Helps solve financial problems through counseling and management
Nationwide:1-800-308-2227
www.moneymanagement.org

- Consumer Protection Division, Albuquerque**505-717-3500
 Assistance with consumer complaints.
www.nmaq.gov
- District Attorney's Office, Sandoval County 13th**.....505-771-7400
 711 Camino Del Pueblo Bernalillo 87004
 Referrals to other sources of legal assistance
 Email: attorney@sandovalcountynm.gov
- Crime Victims Reparation Commission**.....505-841-9432
 200 Uptown Blvd NE, Ste 210, Albuquerque 87110 **1-800-306-6262**
 Helps victims of violent crime with expenses incurred as a result of their victimization.
 email: CVRC@state.nm.us
www.cvrc.state.nm.us
- Heat New Mexico Fund (Gas Only)**.....888-664-2726
 411 Broadway Blvd., SE, Albuquerque 87102
 Our budget billing program helps you avoid month-to-month fluctuations. With budget billing, your payments are averaged out throughout the year so that you pay the same amount each month.
www.nmqco.com/en/budget_billing
- Help New Mexico Inc**.....505-265-3717
 5101 Copper Ave., NE, 87108
 Provides assistance for eviction, and disconnection notices for utilities and water
www.helpnm.com
- Low Income Telephone Assistance Program (LITAP)**.....855-954-6546
 555 Lake Border Drive, Apopka, FL 32703 **FAX 866-810-753**
 Provides a discount on telephone service for Medicaid and LIHEAP recipients
www.lifelinesupport.org
- PNM Good Neighbor Fund (Electric Only)**.....505-967-8045
 600 Coors Blvd. NW, Albuquerque 87110 **888-342-5766**
 Our Budget Billing program helps you avoid month-to-month fluctuations. You can sign up for budget billing quickly and easily.
www.pnm.com/good-neighbor-fund
- IRS Volunteer Income Tax Assistance (VITA)**1-800-906-9887
 1930 Juan Tabo Blvd., NE, Ste. J, Albuquerque 87112
 Offers free basic information on tax return preparation to qualified individuals. To locate the nearest VITA or TCE site near you, use the VITA Locator Tool.
<https://irs.treasury.gov/freetaxprep/>

Law Access New Mexico.....**505-998-4529**
4141 Montgomery Blvd NE, Albuquerque 87109 **or 800-340-9771**
Legal advice, brief service and referrals to eligible low-income New Mexicans by telephone and helps remove barriers to the justice system.

Legal Resources for the Elderly Program (LREP).....**505-797-6000**
5121 Masthead NE, Albuquerque 87109 **or 800-876-6657**
(NM State Bar Association) The Legal Resources for the Elderly Program (LREP) is a FREE legal help line for New Mexico residents age 55 and older regardless of level of income. Spanish-speaking attorneys available.
www.nmbar.org/Public/LREP

NM Legal Aid**505-248-7871**
301 Gold Ave SW, Albuquerque 87125 **1-833-545-4357**
Legal aid information and resources to low and moderate income New Mexico residents.
www.newmexicolegalaid.org

Public Regulation Commission, New Mexico**888-427-5772**
1120 Paseo De Peralta, Santa Fe 87501
Regulates the utilities, telecommunications and motor carriers to ensure fair and reasonable rates, and services to the public as provided by law.
www.nmprc.state.nm.us

Securities Division, NM Dept of Regulations & Licensing.....**505-231-5136**
2550 Cerrillos Rd, Third Floor, Santa Fe 87505
Investigates financial fraud and violations of state securities laws, assists consumers in avoiding fraud, and making appropriate financial decisions.
www.rld.state.nm.us

Senior Citizens Law Office **505-265-2300**
4317 Lead Ave SE, Suite A, Albuquerque 87108
Helps seniors (60+) deal with a multitude of legal issues. Low to moderately-low income levels may apply.
www.sclonm.org

Southwest Women's Law Center.....**505-244-0502**
128 Quincy NE, Albuquerque 87108
A nonprofit and advocacy law center that focuses on advancing opportunities for women and girls in New Mexico by eliminating gender bias and discrimination.
www.swwomenslaw.org

Vital Records & Health Statistics, NM Bureau of

2400 Wellesley NE, Albuquerque 87107

Provides copies of NM birth certificates, death certificates and other vital records.

Information on obtaining out-of-state birth certificates.

www.nmhealth.org

Birth Certificates Albuquerque 505-841-4185

Death Certificates or other requests866-534-0051

DISABILITY SERVICES

Albuquerque Speech, Language and Hearing Center505-247-4224

9500 Montgomery Blvd NE, Suite 215, Albuquerque 87111

Free testing, lip-reading classes, tests, hearing aid evaluations. Fees based on income.

www.aslhc.org

Adelante Development Center, Inc.505-341-2000

3900 Osuna Rd NE, Albuquerque 87109

Community-based services. Includes a comprehensive program for seniors.

www.godelante.org

Aging & Disability Resource Center.....800-432-2080

Telephone information, assistance, referrals and advocacy

www.nmaiqing.state.nm.us

ARCA.....505-332-6700

11300 Lomas NE, Albuquerque 87112

Residential support systems for individuals experiencing disabling conditions.

www.arcaopeningdoors.org

ABLE New Mexico.....1-800-439-1653

Enables qualifying individuals with physical and intellectual disabilities to establish tax-free savings accounts. Funds can be used to cover expenses related to their disability without losing their eligibility for public assistance.

www.ablenewmexico.com

Americans with Disabilities Act Information Line.....1-800-514-0301

U.S. Department of Justice

The Department of Justice operates a toll-free ADA information line to provide information and materials to the public about the requirements of the ADA.

www.ada.gov

Be My Eyes

A free app that connects blind and low-vision people with sighted volunteers and company representatives for visual assistance through a live video call.

www.bemyeyes.com

Blind, New Mexico Commission for the..... 505-841-8844
2200 Yale Blvd SE, Albuquerque 87106 or 1-888-513-7958
Vocational rehabilitation and independent living skills training.
www.cfb.state.nm.us

Brain Injury Alliance of New Mexico.....505-292-7414
5101 Indian School Rd NE, Albuquerque 87110
Resources for survivors of a brain injury, their families and providers.
www.braininjurynm.org

Center for Disease Control (CDC) Disability & Health Information for Family Caregivers.....1-800-232-4636
www.cdc.gov/ncbddd/disabilityandhealth/family

City of Albuquerque Solid Waste Assisted Pick up.....311 or 505-761-8100
4600 Edith Blvd, NE, Albuquerque 87107
Assistance for individuals who are unable to place trash at curbside for collection.
www.cabq.gov/solidwaste/trash-collection

Community Outreach Program for the Deaf (COPD).....505-255-7636
3908 Carlisle Blvd, NE, Albuquerque 87107
Provides advocacy, vocational, rehab and interpreting services.
www.copdnm.org

Deaf and Hard of Hearing, New Mexico Commission for the..... 800-489-8536
505 Marquette Ave NW, Suite 1550, Albuquerque 87102
Online Resource Center about hearing loss.
www.cdhh.state.nm.us

Disability Rights New Mexico (DRNM).....1-800-432-4682
3916 Juan Tabo Blvd, Albuquerque 87111 or 505-256-3100
Provides information and advocates for individuals with disabilities on their legal rights.
www.drnrm.org

Goodwill – Brain Injury Case Management Program.....505-881-6401
A short-term program designed to help individuals with brain injuries obtain services.
www.goodwillnm.org/brain-injury-case-management.html

HELP-New Mexico, Inc.....505-766-4936
New Mexico Special Needs Housing Initiative
5101 Copper Ave. NE, Albuquerque 87108
Provides housing assistance to homeless, mentally or physically disabled individuals
www.helpnm.com

Independent Living Resource Center..... 505-266-5022
4665 Indian School Rd NE, Albuquerque, 87110
Services to maximize the independence of individuals with disabilities.
www.ilrcnm.org

Information Center for New Mexicans with Disabilities 1-800-552-8195
 2300 Menaul Blvd NE, Albuquerque 87107
 Center for Development & Disability Information Network Hotline 505-272-8549
www.cdd.unm.edu

LifeROOTS 505-962-0270
 1909 29th St SE, Rio Rancho, 87124
 Provides individuals with disabilities who are 18+ comprehensive services such as job coaching, supported employment, day habilitation and literacy programs.
www.liferootsnm.com

Motor Vehicles, Department of 505-891-5014
 4114 Sabana Grande SE, Rio Rancho 87124..... 1-888-683-4636
 Handicap license plates and placards
www.mvd.newmexico.gov

New Mexico Commission for the Blind..... 1-888-513-7958
 2200 Yale Blvd, SE Albuquerque 87106 or 505-841-8844
 Provides instruction training in Braille, personal and home management skills.
www.cfb.state.nm.us

New Mexico Commission for the Deaf and Hard of Hearing..... 1-800-489-8536
 505 Marquette Ave, NW, Ste. 1550, Albuquerque 87102 Voice and TTY
 Provides resources for those who are hard of hearing or deaf.
www.cdhh.state.nm.us

New Mexico Department of Health..... 505-476-8913
Developmental Disabilities Supports Division
 1190 S. St. Francis Dr. Santa Fe, 87505
 Provides services and support to assist eligible children and adults with intellectual and developmental disabilities to participate as active members of their communities.
www.nmhealth.org

NM Developmental Disabilities Planning Council..... 505-841-4519

New Mexico Governor’s Commission on Disability..... 505-476-0412
 491 Old Santa Fe Trail, Santa Fe 87501 and 877-696-1470
 Committed to improving quality of life for New Mexicans with disabilities.
www.qcd.nm.gov

New Mexico Technology Assistance Program..... 505-841-4464
 625 Silver Ave SW, Ste 100 B, Albuquerque 87102
 Technology device loan program for use by persons who have a disability.
www.tap.qcd.state.nm.us

EMPLOYMENT

Aging & Long-Term Services—50+ Employment Connection.....1-800-432-2080

8500 Menaul Blvd NE, Suite B350 Albuquerque.....505-228-6143

Training opportunities for low-income workers (age 55+) with temporary training assignments in senior centers, private non-profit organizations and government offices. Assistance with resumes, cover letters, applications, job searches and more.

[www.http://www.nmaging.state.nm.us](http://www.nmaging.state.nm.us)

Center for Development and Disability Information Network.....505-272-3000

2300 Menaul Blvd NE, Albuquerque1-800-552-8195

Information and referral about developmental disabilities.

www.cdd.unm.edu

Equal Employment Opportunity Commission.....505-248-5201

505 Marquette NW, Ste. 900 – 9th Floor, Albuquerque 87102

Enforces federal laws that make it illegal to discriminate against an applicant or an employee due to a person's race, color, religion, sex (including pregnancy and sexual orientation), national origin, age (40 or older), or disability.

www.eeoc.gov

Goodwill Industries Senior Community Service Employment Program.....

505-881-6401

www.goodwillnm.org

866-376-0182

Goodwill Bernalillo.....505-404-2275

1021 Vernada Plaza Dr. Bernalillo

Goodwill Rio Rancho.....505-892-0386

2003 Southern Blvd SE

www.goodwillnm.org

Help New Mexico505-265-3717

5101 Copper Ave NE,

www.helpnm.com

New Mexico Department of Workforce Solutions

New Mexico Job Service Center.....505-771-2160

301 Rail Runner Ave, Bernalillo 87005

Job placement and information on unemployment benefits. Prepares unskilled income eligible adults for entry into the labor force, training and employment prospects. Email:

infodws@state.nm.us

www.dws.state.nm.us

Supportive Housing Coalition of New Mexico.....505-255-3643
625 Silver Ave. SW, 87102
Permanent supportive housing for people with physical and mental health disabilities.
www.shcnm.org

Therapeutic Living Services.....505-268-5295
561 Domingo Rd, NE, Albuquerque 87108
Emergency, group and rehabilitation programs for severely disabled mentally ill adults.
www.tls-nm.org

Title V Senior Employment Programs
Vocational Rehabilitation, Division of.....505-896-4500 3791
Southern Blvd SE, Suite 210, Rio Rancho 87124 1-866-585-5446
Work experience programs to re-train low-income individuals age 55 and older.
Supportive services, veterans' services, individual counseling, vocational rehabilitation
and basic skills/GED training services; employment information and informational
services.
www.dvr.state.nm.us

FRAUD AWARENESS

Better Business Bureau of Southwest.....505-346-0110
7007 Jefferson St. NE, Ste. A, Albuquerque 87109
Provides free business and charity reviews and business complaint resolution services.
www.bbbsw.org

Federal Trade Commission.....www.ftc.gov
600 Pennsylvania Ave, NW, Washington, DC 20580
Protects consumers by stopping unfair, deceptive or fraudulent practices in the
marketplace. Assists in reporting telephone scams, counterfeit checks, and other
scams.

- **Do Not Call Registry.....1-888-382-1222**
or (TTY) 1-866-290-4236
Register your telephone number to stop unwanted calls. www.donotcall.gov
- **Federal Communications Commission.....1-888-225-5322 Option 4**
Report caller use of fraudulent caller-id's (spoofing)
- **Identity Theft.....1-877-438-4338**
or (TTY) 1-866-653-4261
Call to report identity theft.
www.identitytheft.gov

ID Theft Resolutions LTDidtheftresolutions.org
Free assistance for victims of ID theft. Offers a low-cost family ID theft prevention
check-up.

NM Attorney General’s Office.....1-844-255-9210
505-717-3500
201 3rd St NW, Ste. 300, 87102
Advocacy & Intervention program – assists NM residents with matters in identity theft, car buying, payday and student loans and scams of all varieties.
Consumer Protection Division – investigates fraudulent consumer issues, unfair business practices, and Medicaid providers who commit fraud and/or resident abuse, neglect and exploitation in care facilities.
Homeownership Preservation Program – assists homeowners who have been the victim of foreclosure rescue scams.

NM Office of the Superintendent of Insurance.....1-855-427-5674
1120 Paseo De Peralta, 4th Floor, Santa Fe, 87501
Investigates complaints regarding all types of insurance.
www.osi.state.nm.us

NM Taxation and Revenue Department.....505-841-6200
5301 Central Ave., NE, 87108
Report suspicious letters or scams that refer to NM Taxation and Revenue Department.
www.tax.newmexico.gov/report-tax-fraus.aspx

NM Regulation and Licensing Dept.....505-476-4500 (Option 5)
(Securities Division)
2550 Cerrillos Rd. 3rd Flr, Santa Fe 87505
Investigates financial fraud and assists consumers in making financial decisions.
www.rld.state.nm.us/securities-division

National Consumer Law Center.....1-617-542-8010
Provides consumer justice and economic security for low-income and other disadvantaged people, including older adults.
www.nclc.org

National Fraud Information Center & Internet Watch
Provides consumers with information they need to avoid becoming victims of telemarketing and Internet fraud and to help them get their complaints to law enforcement agencies quickly and easily.
www.fraud.org

Social Security Administration (SSA) – Office of the Inspector General (OIG)
P.O. Box 17785, Baltimore, Maryland 21235 **1-800-269-0271**
or (TTY) 1-866-501-2101
Receives reports of alleged fraud, waste, and abuse. Report suspicious activities or communications claiming to be from the Social Security Administration.
www.oig.ssa.gov

U.S. Postal Inspection Service.....1-877-876-2455
433 W. Harrison St. Room 3255, Chicago, IL 60699
Investigates all types of mail fraud or suspicious letters received by U.S.P.S. mail.
www.uspis.gov

U.S. Treasury Inspector General for Tax Administration (TIGTA) 800-366-4484
 P.O.Box 589, Ben Franklin Station, Washington, DC 20044
 Investigates reports from victims that have received an IRS impersonation scam.
www.treasury.gov/tigta

HEALTH CARE

ALCOHOL/DRUG TREATMENT and PREVENTION PROGRAMS

Alcoholics Anonymous Information, 24-Hour Hotline.....505-266-1900
 1921 Alvarado NE, Albuquerque 87110
 12-Step recovery group meetings and additional Information.
www.albuquerqueaa.org

Five Sandoval Indian Pueblos505-867-3351
 4321B Fulcrum Way NE, Rio Rancho 87144
 Substance abuse prevention and treatment, WIC, energy assistance, and food distribution.
www.fsipinc.org

Rio Grande Region of Narcotics Anonymous.....800-798-6649
 A non-professional fellowship of addicts helping addicts. No cost to belong.
 Email: email@riograndena.org
www.riograndena.org

HEALTH INFORMATION CENTERS/SUPPORT GROUPS

American Macular Degeneration Foundation (20/20 Club).....505-856-5040
 Low Vision Support Group, contact Barbara Free.....505-275-9952
 10704 Paseo Del Norte NE, Sandia Presbyterian Church (Meets 2nd Wednesday August-May)

National Foundation.....1-888-622-8527
www.macular.org 413-268-7660

Alzheimer’s Association Albuquerque505-266-4473
 6731 Academy Rd NE, Albuquerque 87109 24 Hour Helpline 1-800-272-3900
www.alz.org/newmexico TDD1-866-403-3073

American Cancer Society Support Groups..... 1-800-227-2345
 8500 Menaul Blvd NE, Suite 500, Albuquerque 87112
 Hours: 8:30 am - 5 pm, Monday - Friday
www.cancer.org csn.cancer.org (for cancer survivors)

American Diabetes Association.....1-800-342-2383
 Email: AskADA@diabetes.org
 facebook.com/adanewmexico
www.diabetes.org

American Heart Association & American Stroke Association..... 505-485-1330
 2201 San Pedro NE, Bldg. 2, Suite102, Albuquerque 87110 1-877-242-8721
www.heart.org/albuquerque
facebook.com/ahanm

American Lung Association of New Mexico..... 505-265-0732
 5911 Jefferson NE, Albuquerque 87109
 Email: nminfolungs.org
www.lung.org

Arthritis Foundation,1-800-283-7800
 8100 Wyoming NE, Suite M4, Albuquerque 87109 (mail only)
www.arthritis.org/new-mexico

Cancer Services of New Mexico 505-259-9583
 PO Box 51735, Albuquerque 87181-1735 Hours: 2:00pm – 5:00pm
 Email: info@CancerServicesNM.org
www.cancerservicesnm.org

Dental Care in Your Home.....505-615-0951
 Dental care in the home or facility for the homebound.
www.dentalcareinyourhome.org

Health Insight New Mexico.....1-800-663-6351
 Medicare Quality Improvement Organization (QIO) investigates concerns from Medicare patients about early discharge and quality of medical care received under Medicare.
www.healthinsights.org/newmexico

Leukemia and Lymphoma Society..... 505-872-0141
 6100 Indian School Rd NE, Suite 225, Albuquerque 87110.....1-800-955-4572
www.lls.org/new-mexico

Lupus Foundation of America, Inc. Information Line..... 1-202-349-1155

NM AIDS Services505-938-7100
 3900 Osuna Rd NE, Albuquerque 87109
www.nmas.net

NM Community Dental Services, Inc.....505-843-7493
2116 Hinkle St. SE, 87102
Currently accepts Medicaid and most dental insurance. Sliding fee scale available.
www.nmcommunitydental.com

NM Dental Association Foundation.....505-298-7206
P.O. Box 16854, 87191
Provides free dental treatment to disabled individuals who are over the age of 60.
www.nmdentalassociationfoundation.org

New Mexico Donated Dental Services505-294-1368
9201 Montgomery Blvd NE, Suite 601, Albuquerque 87111
Application505-298-7206
www.nmdental.org

Prostate Cancer Support Association of NM 1-800-278-7678
2533 Virginia St NE, Suite C, Albuquerque 87110 505-254-7784
Free support services for newly-diagnosed prostate cancer patients.
Open Monday - Thursday only, 10 – 2 pm. Other times by appointment.
www.pcsanm.org

Veterans Affairs National Caregiver Support505-222-3320
1501 San Pedro SE, Albuquerque 87108
Call-in available Monday - Friday: 8 - 11 pm; Saturday 10:30 am - 6 pm (Eastern Std Time)
Support resources for caregivers of Veterans
www.caregiver.va.gov

EYE CARE RESOURCES

ABQ Lions Club505-938-3124
2331 Westside Blvd, Rio Rancho 87124
Rio Rancho Host Lions Club Meets 2nd and 4th Tuesday at 6:00PM
<http://e-clubhouse.org/sites/riorancho/CNM>
www.cnm.edu/cnm-community/community-resources/eyeglasses

Eye Care America's Seniors Eye Care Program.....1-877-887-6327
Provides a free exam and up to a year of treatment for persons 65 or older.
www.aao.org/eyecare-america

New Eyes

549 Millburn Ave, Short Hills, NJ 07078

Provides a voucher for a basic pair of single or lined bifocal lenses to individuals who have no other resources to obtain a basic pair of eyeglasses.

Email: info@new-eyes.org

www.new-eyes.org

HEALTH PROGRAMS/HEALTH CARE CENTERS

Community Dental Services505-843-7493

2116 Hinkle St SE, Albuquerque 87102

General dentistry and prosthetics (dentures, partials, etc.) for uninsured, low-income and Medicaid recipients. Call for specific information.

www.nmcommunitydental.com

El Pueblo Health Services505-867-2324

121 Calle del Presidente, Bernalillo 87004

Provides health services. Accepts all forms of payment and the uninsured. Fees based on total household income.

Email: info@elpueblofamilyhealthcare.org

www.elpueblohealth.org

First Choice Community Healthcare and Dental.....505-873-7401

2001 Centro Familiar SW, Albuquerque 87105

Primary care medical services and dental services.

www.fcch.com

First Nations Community Health Source.....505-262-2481

5608 Zuni Rd SE, Albuquerque 87108

American Indian/Alaska Native community-based health and human services organization. Also treats the homeless.

www.fnch.org

Geriatric Education and Health Maintenance

(GEHM).....505-272-7126

Provides health assessments and health education to individuals ages 55 and older.

Services include: blood pressure, diabetes screening and self-management education, health assessments, nutrition counseling, health problems, medication management and more.

Availability is Monday – Friday 9:00 am – 1:00pm

www.unmhealth.org

Homeless, Healthcare for the General 505-766-5197
 1217 First St NW, Albuquerque 87102 **Medical505-242-4644**
 Medical treatment, social work, dental services, counseling, therapy, and substance
 abuse programs for the homeless. Email: info@abqhch.org
www.abqhch.org

Presbyterian Services Rio Rancho Family Health Center.....505-896-0928
 184 Unser Blvd, Rio Rancho 87124

Cuba Health Center575-289-3291
 6349 State Highway 550, Cuba 87013
www.pmsnm.org

Sandoval County Community Health Program505-867-2291
 The Health Commons, 1500 Idalia Road NW, Building B, Bernalillo 87004
 Services to families with a focus on pregnant women, children, teens and older adults.
www.sandovalcounty.com

Family Health Programs

Coordinates services at the Health Commons and directs the Family Support Program.

Health Care Assistance and Oral Health Prevention Program

Provides health care, oral and behavioral health services, pharmacy, ambulance and cremation services for indigent residents of Sandoval County.

Frail & Elderly Program.....(leave message) 505-404-5816

Provides at-risk seniors with light housekeeping, case management, mental health counseling, medical transportation and respite care services.

University Hospital Senior Health Center/Clinic505-272-4866
 1101 Medical Arts Ave NE, Building 4, Suite A, Albuquerque 87102 505-272-1754
 Evaluates and treats medical problems of the elderly. Adult care for those 75 years and older.
www.unmhealth.org/services/senior-health.html

HEALTH CARE GROUPS

Presbyterian Medical Group – Rio Rancho office505-462-6000
 4005 High Resort Blvd SE, Rio Rancho 87124
 Monday – Friday: 8 – 5 pm

UNM Sandoval Regional Medical Center – Physician Clinic.505-994-7397
 General Information505-994-7000
 3001 Broadmoor Blvd NE, Rio Rancho 87144
 Monday - Friday 8 – 5 pm
www.unmhealth.org

UNM Family Health Westside 505-272-2900
4808 McMahon NW, Albuquerque 87114
Primary care medical services
Monday - Friday, 8 am – 5 pm
www.hospitals.unm.edu

HEARING AIDS

Albuquerque Speech Language Hearing Center (ASLHC).....505-247-4224
9500 Montgomery Blvd. NE, Ste. 215, 87111
Hearing aid assistance at a reduced cost for individuals with limited resources.
www.aslhc.org

Hear Now Program (Starkey Hearing Foundation).....1-800-328-8602
6801 Washington Ave S, Ste 200, Minneapolis, MN 55439
Hearing aid assistance at low or no cost.
www.starkeyhearingfoundation.org

PRESCRIPTION DRUG ASSISTANCE

NM Aging and Long-Term Services Department.....1-800-432-2080
Med Bank New Mexico
P. O. Box 27118, 2550 Cerrillos Rd., Santa Fe, 87502
Emergency prescriptions, free prescription drugs, help with insurance, discount cards.
www.nmaing.state.nm.us

NM Drug Card Discount Prescription Drug Program
NM residents are eligible for pharmacy discounts on non-covered prescriptions through this program, which can be used to supplement health insurance plans including Health Savings Accounts (HAS), High Deductible Plans and Medicare Part D supplement plans.
www.newmexicodrugcard.com

Patient Access Network for Medication1-866-316-7263
Provides underinsured patients with co-payment assistance.
www.panfoundation.org

Patient Services, Inc.....1-800-366-7741
Assists with co-pays or premium payments.
www.patientservicesinc.org

Patient Advocate Foundation Co-Pay Relief.....1-866-512-3861
Provides direct financial support to insured patients, who financially and medically qualify to access pharmaceutical co-payment.
www.copays.org

RX Outreach.....1-888-796-1234
Provides mail order prescriptions at significant discounts.
www.rxoutreach.org

Social Security Administration (SSA).....1-800-772-1213
500 Lead Ave. SW, 87102 (TTY) 1-800-325-0778
Phone Hours: Monday – Friday, 8:00am to 7:00pm
www.ssa.gov

TREATMENT REFERRAL PROGRAMS

AL-ANON.....505-262-2177
Help for families and friends of problem drinkers.
www.aisnm.org

Alcoholics Anonymous.....505-266-1900
Alcoholism recovery group.
www.albuquerqueaa.org

Central New Mexico Treatment Center.....505-268-5611
Outpatient drug treatment recovery center.
www.newseason.com

Narcotics Anonymous.....1-800-798-6649
Recovery drug addiction support group.
www.riograndena.org

Nicotine Anonymous.....1-877-879-6422
Nicotine support group.
www.nicotine-anonymous.org

NM Council on Problem Gaming.....1-800-572-1142
Provides a hotline to individuals experiencing gambling-related problems. Confidential help is available 24/7, 365 days per year.
www.nmcpvg.org

Overeaters Anonymous.....505-891-2664
Program for individuals with problems related to food.
www.oa.org

Responsible Gaming Association of NM.....1-888-696-2440
Information for problem gamblers.
www.rganm.org

HOSPITALS AND URGENT CARE

Lovelace Westside Hospital 505-727-2000
10501 Golf Course Rd NW, Albuquerque 87114
www.lovelace.com

Presbyterian Hospital, Albuquerque..... 505-841-1234
1100 Central Ave SE, Albuquerque 87106
www.phs.org

Presbyterian Kaseman Hospital 505-291-2000
8300 Constitution Ave NE, Albuquerque 87110
Kaseman-hospital.phs.org

Presbyterian Rust Medical Center 505-253-7878
2400 Unser Blvd SE, Rio Rancho 87124
www.phs.org/rust-medical-center

UNM Cancer Center 505-272-4946
1201 Camino de Salud NE, Albuquerque 87106.....1-800-432-6806
Official cancer center for the state as designated by the National Cancer Institute.
www.unmhealth.org

UNM Sandoval Regional Medical Center 505-994-7000
3001 Broadmoor Blvd NE, Rio Rancho, 87144
www.unmsrmc.org

VA Health Care System, New Mexico
Primary Care..... 505-265-1711, Option 3
1501 San Pedro SE, Albuquerque 87108.....1-800-465-9970
www.albuquerque.va.gov **Caregiver Support.....1-855-260-3274**

HOUSING, HOME SAFETY AND SHELTERS

HOUSING

Housing and Urban Development (HUD), US Department of.....505-346-6463
500 Gold Ave SW, Albuquerque 87102 **1-800-569-4287**
Section 8 Rental Voucher Program for low-income households.
www.hud.gov/states/new_mexico

Department of Housing Services, Town of Bernalillo 505-314-0200
Housing for low-income residents.
www.berncogov/communityservices/housing

Buena Vista Active Adult Community (Rio Rancho) 505-896-8959
1355 Meadowlark Ln SE, Rio Rancho 87124
Affordable apartment homes (next door to Meadowlark Senior Center) Accepts
Section 8 Rental Voucher program.
www.buonavistasenior.com

Independent Living Resource Center 1-800-260-5022
4665 Indian School Rd, Suite 100, Albuquerque 87110
Housing, legal rights, home modification, help finding personal caregivers (Medicaid
only).
www.ilrcnm.org

SAFETY

New Mexico Governor’s Commission on Disability.....505-476-0412
491 Old Santa Fe Trail, Santa Fe, NM 87501 877-696-1470
Modifications to provide remedial benefits to a senior’s physical environment such as
ramps, grab bars, roll-in showers and access routes.

Rebuilding Together (Sandoval County).....(leave message) 505-896-3041
854 Camino Don Tomas, Bernalillo 87004
No fee. Remodeling and home repairs for low-income and older
individuals.
Email: help@rebuildingtogethersandovalcounty.org
www.rebuildingtogethersandoval.org

Silver Horizons505-884-3881
1913 Eubank Blvd. NE, Albuquerque 87112
Minor home repair assistance for Bernalillo County seniors (50 and older) who own their
home and qualify due to financial need. Requests are considered on a case-by-case
basis.
www.silverhorizons.org

South Valley Main Street Habitat for Humanity Home Repair Program
Assists income- qualified seniors age 55 and over who reside within certain South
Valley boundaries who need minor home exterior repairs.
www.habitatabq.org/south-valley-repair-program

Weatherization (Central New Mexico Housing Corporation)..... 505-345-4949
 703 Osuna Rd NE, Suite #2, Albuquerque 87113
 Weatherization for low-income occupant homeowners within Bernalillo, Sandoval, Torrance, Valencia counties, and some pueblos. Assessment for energy conservation measures. Does not provide skirting for mobile homes. No water bills paid. Services based on income.
<http://www.centralnmhousing.org>

SHELTERS

Barrett Foundation.....505-243-4887
 1900 Bridge Blvd. SW, 87105
 Emergency shelter for women and children experiencing homelessness. Provides resource referrals and supportive services.
www.barrettfoundation.org

Good Shepherd Center.....505-243-2527
 218 Iron Ave. SW, Albuquerque 87103
 Social Service advocacy and resources for homeless men and women.
www.qscnm.org

Haven House 505-896-4869
 24 Hour Crisis Line1-800-526-7157
 PO Box 15611, Rio Rancho 87174
 Provides domestic violence counseling services and shelter for women and their children.
www.havenhouseinc.org

Joy Junction – Albuquerque Homeless Shelter
 P.O. Box 20550, Albuquerque 87154.....**505-877-6967**
 Corporate Office**505-217-9586**
 Provides the homeless with the help they need to get back on their feet.
www.joyjunction.org

Steel Bridge Albuquerque Resource Center.....Main Number 505-346-4673
 214 Coal Ave SW, Albuquerque 87102
 Women’s & Children’s Crisis Center. Clothing and food boxes, 9 am - 4 pm
www.mysteelbridge.org

St. Martin’s Hopeworks Shelter..... 505-843-9405
 P.O.Box 27258, Albuquerque 87125 Or **505-242-4399**
www.hopeworksnm.org

HOUSING OPPORTUNITIES

Habitat for Humanity.....505-265-0057

4900 Menaul Blvd. NE, Albuquerque 87110

Assists low-income first-time home-buyers in the process of achieving homeownership

www.habitatabq.org

Women’s Housing Coalition.....505-884-8856

3005 San Pedro NE, 87110

Assists low-income women with children who are motivated to become self-sufficient by providing affordable housing, training and a variety of support needs.

www.womenshousingcoalition.org

REPAIR / WEATHERIZATION

Central New Mexico Housing Corporation (Weatherization).....505-345-4949

703 Osuna Rd. NE, Ste. 2, Albuquerque 87113

Assists low-income families in making their homes energy efficient.

www.centralnmhousing.org

Silver Horizons.....505-884-3881

3540 Pan American Fwy, NE, Ste. B, 87107

Minor home repair assistance for Bernalillo County seniors (50 and older) who own their home and qualify due to financial need. Requests are considered on a case-by case basis.

www.silverhelpingseniors.org

IN-HOME CARE, HOMEMAKER & CAREGIVER RESOURCES

Encasa Caregivers.....505-510-3295

Connects families and caregivers with highly-qualified caregivers to get the trusted care they need

www.encasecare.com

Family Caregiver Center of New Mexico.....505-494-4021

We care for those who care for others

Caregiving.com

Features the blogs of family caregivers, weekly words of comfort, daily chats, podcasts, and free webinars for those caring for a loved one.

Family Care4giver Alliance, The.....800-445-8106
Maintains a comprehensive collection of family friendly information on caregiver issues and health-related topics.
www.caregiver.org/resource-health-issue-or-condition

National Family Caregiver Association.....202-454-3970
Supports and empowers caregivers caring for a chronically ill, aged, or disabled loved one.
www.caregiveraction.org

National Hospice and Palliative Care Organization.....800-658-8898
Provides free consumer information on hospice care and places caregivers in direct contact with hospice programs.
www.nhpco.org

New Mexico Aging & Long-Term Services..... 800-432-2080
Aging & Disability Resource Center
2550 Cerrillos Rd, Santa Fe 87505
Coordinated in-home health services by a home health agency licensed by the New Mexico Department of Health Services.
www.nmaaging.state.nm.us

NM Association for Home & Hospice Care505-565-5777
2424 Louisiana Blvd, NE, Ste. 220, Albuquerque 87110
Promote success and best practices in home and hospice care.
www.nmahc.org

NM Direct Caregivers Coalition.....505-867-6046
906 S. Camino del Pueblo, Bernalillo 87004
Provides training to caregivers in medication management, safe transfer and mobility.
www.nmdcc.org

Retired Senior Volunteer Program (RSVP) Sandoval County.....505-404-5822
Homemaker services for adults who cannot perform the essential activities of daily living.

Sandoval County Senior Program
Homebound Network/Frail & Elderly Services **505-867-7535**
Social and emotional support to homebound elderly and caregivers. In-home support service such as light housekeeping, grocery shopping and assistance with personal care.
www.sandovalcounty.gov

Sandoval County Senior Transportation.....505-934-8774
Assisted transportation to and from health care appointments.
www.sandovalcounty.gov

Silver Alert Program 505-891-5018
Silver Alert is a notification system sent out statewide when a person 50 years or older with dementia goes missing. The individual’s basic information and photograph are downloaded to a flash drive and given to that person’s caregiver for safekeeping. Call for an appointment. No fee.

Stress Busting Program for Family Caregivers.....830-377-1484
Support group for caregivers of a loved one with a chronic illness.
www.caregiverstressbusters.org

UNM Palliative Care.....505-272-4868
Provides support to families and caregivers in navigating the health care system to alleviate suffering and improve quality of life for a seriously ill loved one.
<https://hsc.unm.edu/health/patient-care/palliative-care/index.html>

NUTRITION RESOURCES

CONGREGATE MEAL SITES

Five Sandoval Indian Pueblos Inc.- Food Distribution Program..... 505-867-3710
Main Office505-867-3351
960-D West Highway, Bernalillo 87004
4321-B Fulcrum Way SE, Rio Rancho 87144
Santa Ana Pueblo505-771-6700
Sandia Pueblo505-867-3317
Zia Pueblo505-867-3304
Congregate meals and home-delivered meals to people, 55 years of age or older from Cochiti, Jemez, Sandia, Santa Ana and Zia pueblos.
Monday - Thursday, lunch is served; Friday, breakfast is served.
<https://fsipinc.org>

NM Asian Family Center.....505-717-2877
Provides case management services such as applying for food stamps, TANF, Social Security, housing, etc. All services offered are provided free of charge. Tailored to those who identify as Asian, Pacific Islander, and Native Hawaiian (APINH).
www.nmafc.org

Sandoval County Senior Meal Programs.....505-896-8312

Socialization and a meal for persons 60 or over. Donations of \$2.00 accepted.

Monday - Friday at meal sites throughout Sandoval County.

Bernalillo Senior Center 505-867-9448

801 Rotary Park Rd, Bernalillo 87004

Corrales Senior Center 505-897-3818

4324-A W. Corrales Rd, Corrales 87048

Cuba Senior Center 575-289-3510

16A Cordova St, Cuba 87013

Jemez Community Center 575-834-7630

8154 Highway 4, Jemez Pueblo 87024

Meadowlark Senior Center 505-896-8312

4330 Meadowlark Ln SE, Rio Rancho 87124

Peña Blanca Community Center 505-465-2652

778 Highway 22, Peña Blanca 87041

Placitas Community Center 505-867-1396

41 Camino de la Huertas, Placitas 87043

HOME DELIVERED MEALS

Sandoval County Meal Program 505-896-8312

Meadowlark Senior Center

4330 Meadowlark Ln SE, Rio Rancho 87124

Meals On Wheels (Bernalillo County)505-823-8060

Home delivered meals to the homebound, elderly, convalescing or disabled. No special diets. Email: clients@mow-nm.org

www.mow-nm.org

GOVERNMENT FOOD ASSISTANCE

Food Stamps, Department of Human Services Help Line: 1-800-283-4485

Supplemental Nutrition Assistance Program, NM (SNAP)505-383-6300

4363 Jager Dr NE, Rio Rancho 871441-800-648-7167

Provides funds to help with purchase of food products at your grocery store.

www.yes.state.nm.us

**NM Commodity Supplemental Food Program NM Department of Human Services
Food and Nutrition Services Bureau.....1-800-648-7167**

ECHO (Economic Council Helping Others), Inc..... 505-242-6777

300 Menaul North West, Albuquerque 87107

Distributed at Meadowlark Senior Center. Call for distribution schedule **505-891-5018**

www.echoinc.org

Cuba Senior Center575-289-3510
 16A Cordova St, Cuba 87013
 Commodities, first Thursday of the month from 11 am-2 pm

Jemez Community Center..... 575-834-7630
 8154 Highway 4, Jemez Pueblo 87024
 Commodities distributed on 3rd Wednesday
 Lunch M-F 11:30 am -12:30 pm

Jemez Senior Center, Pueblo of 575-834-9168
 129 Canal St, Jemez Pueblo 87024

Peña Blanca Community Center..... 505-465-2652
 Highway 313, Peña Blanca 87041
 Sign up required. Staff will call for pickup when food is delivered once a month.

FOOD PANTRIES

First Baptist Church of Rio Rancho
Call for appointment 505-892-1323
 3906 19th Ave, Rio Rancho 87124
 Food bank, second and fourth Sunday, 1 - 2 pm and emergency food, when needed.

Jemez Helping Hands 505-834-0402
 PO Box 201, Jemez Springs 87025 505-829-3797
 Food Pantry, Clothing, Furniture, Appliance, Utility Assistance. Must call for appointment.

Jemez Valley Baptist Church..... 505-834-7551
 8294 Highway 4, Jemez Pueblo 87024
 Must call for appointment
www.jemezsprings.org/comp/helpinghands.html
www.nmfoodbanks.org

Meadowlark Methodist Commodities Center
 High Desert United Methodist Church 505-891-4206
 1201 Golf Course Rd SE, Rio Rancho 87124
 Distribution Days/Times: 3rd Tuesday, 9 am - 12 noon; 3rd Thursday, 1 - 4 pm;
 1st Friday, 11 am – 2 pm. Must show proof of residency in Sandoval County or 87114.

People Helping People 505-615-1951
 Rivers Edge Mini-Storage, 110 Industrial Loop SE, Rio Rancho 87124
 Distribution days/times: Last Saturday, 9 - 10 am (drive through).
info@peoplehelpingpeople.org
www.facebook.com/peoplehelpingpeopleofnm/
www.peoplehelpingpeopleofnm.org

Rio Grande Food Project505.831.3778

600 Coors Blvd NW, Albuquerque 87121

Provides groceries to households monthly (30 days required between each pickup).

www.rgfp.org

Roadrunner Food Bank 505-349-5340

SNAP Support Line.....1-844-684-6268

5840 Office Blvd NE, Albuquerque 87109

Provides individuals with agency contacts for food assistance. Assists in signing up for SNAP or Medicaid assistance.

Email: info@rffb.org

www.rffb.org

St. Felix Pantry..... 505-891-8075

4020 Barbara Loop SE, Rio Rancho 87124

Thursday – Saturday, 9 - 12 noon

www.stfelixpantry.org

Storehouse West 505-892-2077

1030-F Veranda Dr SE, Rio Rancho 87124

www.storehousewest.org

Veterans Integration Center 505-296-0800

13140 Central Ave SW, Albuquerque 87123

www.nmvic.org

PET FOOD

Storehouse Food Pantry 505-842-6491

106 Broadway SE, Albuquerque 87102 Third Friday/month: 9 am - noon

Provides food supplies to low-income owners of dogs and cats when available (3rd Friday every month).

www.storehousewest.org

MENTAL HEALTH & SUBSTANCE ABUSE

Advocacy for Domestic Violence Survivors.....505-248-3165

Advocates assist with finding resources and options. This may include helping with filing, restarting orders, and creating safety plans.

Agora Crisis Center.....505-277-3013

Helpline providing on-line emotional support(chat), information and referrals.

www.agoracares.org

City of Albuquerque Family Advocacy Center.....505-243-2333
25 Silver SW, Ste 200, Albuquerque 87102
Provides victims of domestic violence, child abuse and sexual assault with a safe setting to assist in addressing and overcoming the trauma of their experience.
www.cabq.gov/albuquerque-family-advocacy-center

Enlace Comunitario.....505-246-8972
2425 Alamo Ave, SE, Ste. 120, Albuquerque 87106
Services for Spanish-speaking victims of domestic violence.
www.enlacenm.org

Five Sandoval Indian Pueblos, Inc.....505-867-3351
4321-B Fulcrum Way NE, Rio Rancho 87144
www.fsipinc.org

Grief Resource Center505-842-7166
1113 University Blvd., NE, Albuquerque 87102
Provides short-term individual grief counseling and education, diverse support groups and small group workshops and educational programs.
www.griefnm.org

NAMI Support Group (National Alliance on Mental Illness)
24-hr hotline.....1-800-950-NAMI (6264)
2015 Wyoming Blvd NE, Suite E, Albuquerque 87112
A nonprofit organization focused on mental health and substance abuse.
New Mexico residents: **1-800-953-6745 or 505-256-0288**
Rio Rancho residents: **505-990-2292**
Local 24-hour crisis line: **505-272-2920**
www.namioranchoonm.org or www.namialbuquerque.org

National Domestic Violence Hotline.....1-800-799-7233
Highly trained advocates are available 24/7/365 for confidential calls with anyone experiencing domestic violence or seeking resources.
www.thehotline.org

National Suicide Prevention Lifeline- Dial 988 from any phone, any time or 1-800-273-8255
Provides free, confidential support to individuals in suicidal crisis or emotional distress.
www.suicidepreventionlifeline.org

New Mexico Suicide Intervention Project 505-473-6191
www.skycenter.nmsip.org

NM Crime Victims Reparation Commission.....505-841-9432

Provides temporary assistance to victims of violent crimes.

www.cvrc.state.nm.us

PeopleWorks-NM 505-990-4186

1005 21st Street SE, Suite B, Rio Rancho 87124

Sliding fee schedule. Most insurances accepted including Medicare.

Email: peopleworksnm@gmail.com

www.peopleworksnm.org

Rape Crisis Center of Central NM (24/7).....505-266-7711

9741 Candelaria NE, Albuquerque 87112

Provides crisis intervention, advocacy, and counseling for survivors of sexual assault.

www.rapecrisiscnm.org

Rio Rancho Family Health Center, Presbyterian Medical Services ...505-896-0928

184 Unser Blvd NE, Rio Rancho 87124

Monday – Friday: 7:15am – 5:45pm

Family medical /behavioral health services including veterans and family support services.

www.pmsnm.org

Substance Abuse and Mental Health Services Administration

Helpline.....1-800-622-4357

General Questions.....1-877-726-4727

www.samhsa.gov

St. Martin’s Hopeworks505-242-4399

1201 3rd St NW, Albuquerque 87102505-764-8231

Behavioral Health Program: Monday – Friday, 8 am - 4 pm

Administration: Monday – Friday, 8 am – 5 pm

Mental health services, case management, and substance abuse counseling.

www.smhc-nm.org

The Friendship Line.....1-800-971-0016

National 24-hour support for lonely, isolated, depressed, frail and/or suicidal seniors.

UNM Grief Services Program.....505-272-3053

1101 Camino de Salud, NE, Albuquerque 87102

Provides individual, family counseling and crisis intervention services.

www.hsc.unm.edu/omi/services

UNM Psychiatric Center 505-272-2800
Psychiatric Emergency (24/7) 24 hour Mental Health Crisis Line.....505-272-2920
 2600 Marble NE, Albuquerque 87106
 Mental health 24-hour crisis line for the geriatric population; inpatient, outpatient and emergency psychiatric care. Geriatric Psychiatric Unit.....505-272-8314
Psychiatric Urgent Care Clinic – Emergency psychiatric services
Hours: Monday – Friday, 7:00 a.m. to 1:00 p.m......505-272-9038
www.unmhealth.org

NEW MEXICO STATE GOVERNMENT

Birth and Death Certificates – Vital Records:

NM Bureau of Vital Records.....1-866-534-0051
 2400 Wellesley Dr. NE, Albuquerque 87107 or 505-841-4100
 Provides certified copies of birth certificates occurring in New Mexico for a \$10 fee. Birth certificates will be issued between the hours of 10:00 am – 3:00 pm.
www.nmhealth.org/about/erd/bvrhs/vrp/

Death Certificates (only available at Santa Fe Office).

NM Vital Records and Health Statistics (Santa Fe).....1-866-534-0051
 1105 S. St. Francis Dr, Santa Fe 87505 505-827-0121

NM Department of Health Facility Complaints.....1-800-752-8649
 P.O.Box 26110, Santa Fe 87505
 Investigates incidents and concerns with long-term care facilities and hospitals.
www.nmhealth.org

NM Medical Board.....1-800-945-5845
 2055 S. Pacheco Bldg.400, Santa Fe 87505
 Investigates complaints regarding quality of care by a physician or physician assistant.
www.nmmb.state.nm.us

NM Public Regulation Commission (NMPRC).....1-888-427-5772
Consumer Relations Division
 1120 Paseo De Peralta, Santa Fe 87504
 Investigates consumer inquiries and regulates the utilities and telecommunications in NM to ensure fair rates and services.

Taxation & Revenue New Mexico.....1-866-285-2996
 1200 So. Ste. Francis Drive, Santa Fe 87505
 Offices open on appointment-only basis
tax.newmexico.gov

U.S. FEDERAL GOVERNMENT

IRS Taxpayer Assistance Center.....844-545-5640
6200 Jefferson St. NE, Albuquerque 87109

Social Security.....800-772-1213
4433 Jager Dr NE, Rio Rancho 87144
www.ssa.gov

U.S. Dept. of Health and Human Services (HHS)1-800-368-1019
Office for Civil Rights
200 Independence Ave. SW, Room 509F HHH Bldg., Washington, D.C. 20201
Investigates complaints of discrimination against individuals because of their race, color, national origin, disability, age, sex, or religion in programs or activities that HHS directly operates or to which HHS provides federal financial assistance.

GRANDPARENTS RAISING GRANDCHILDREN

ADVOCACY INC. 505-266-3166
6301 Fourth St. NW, Ste. 3, Albuquerque 87107
Guardianship, adoption, and special immigrant status application for minor children.
NM Guardianship Project of Advocacy, Inc.
Guardianship and adoption legal services, assistance in obtaining health, financial and food support; offered on a sliding fee scale, often at no cost.

Generations at West Mesa505-833-0656
5717 Avalon Rd., NW, Albuquerque 87105
Offers affordable housing and other services for individuals 55 and older who are raising their grandchildren.
www.generationsatwestmesa.com

Grandparents are Indeed Necessary (GAIN).....505-269-3589
Advocates for grandparents' rights and visitation.

Kinship Guardianship Legal Hotline Program.....1-800-980-1165
Legal helpline with information, advice, and assistance for kinship guardianship cases and some direct legal representation.

Outcomes, Inc.....505-243-2551
1503 University Blvd., NE, Albuquerque 87102
Counseling services to children, adults, couples and families. Offers monthly grandparent support groups with childcare and referrals to resources for grandparents raising grandchildren.

Pegasus Legal Services for Children 505-244-1101
505 Marquette Ave., NW, Suite 1350, Albuquerque, 87102
Provides legal services to income eligible grandparents and other kinship caregivers taking care of children whose parents are unable or unwilling to provide them with proper care.

**The Grand Start Program – Grandparents Raising Grandchildren,
Second Time Around 505-268-0024**
Weekly workshops with childcare, support services, advocacy, family events and information and referral services.

RESPITE SERVICES

Alzheimer's Association, New Mexico Chapter Main Office.....505-266-4473
1-800-272-3900
Offers a respite voucher program to caregivers of those with dementia to use in paying a respite provider. They also offer a one-time emergency respite voucher program.
www.alz.org

Aging and Disability Resource Center (ADRC) 1-800-432-2080
www.nmaging.state.nm.us TTY: 505-476-4937

Respite Care Planning and Information
archrespite.org/consumer-information

Eldercare Locator 1-800-677-1116
www.eldercare.acl.gov

ABQ/Bernalillo County Area Agency on Aging..... 505-764-6400
www.cabq.gov/seniors

InnovAge Greater New Mexico PACE Program.....505-924-2650
904 Las Lomas Rd., NE 87102
Program of all-inclusive care for the elderly (PACE). Day health center including medical clinic, adult day services, social services, rehabilitation, transportation, in-home services and inpatient care (when needed) for seniors 55 and over who live in the Bernalillo County area or within 30 minutes travel from the center. Free for Medicare and Medicaid recipients. Private pay accepted.
www.myinnovage.com

Non-Metro Area Agency on Aging1-866-395-2673
Serves all New Mexico counties, except Bernalillo.
www.nonmetroaaa.com

Navajo Area Agency on Aging..... 928-871-6868
Serves the Navajo Nation
www.navajo-nsn.gov

Sandoval County Frail & Elderly Services..... 505-404-5815
1499 Idalia Rd NW, Bernalillo 87002
www.sandovalcounty.com

Share Your Care Adult Day Services 505-897-9025
1004 24th St, Rio Rancho 87124 **505-298-1700**
Wide range of services are designed for persons with Alzheimer's and related dementia, developmental disabilities and severely disabling mental illness.
www.shareyourcare.org

SENIOR CENTERS

SANDOVAL COUNTY

Meadowlark Senior Center 505-891-5018
4330 Meadowlark Ln SE, Rio Rancho 87124
Broadmoor Senior Center.....505-891-5050
3241 Broadmoor Blvd NE, Rio Rancho 87144
www.rnm.gov

Sandoval County Senior Program Centers
www.sandovalcounty.com

Bernalillo Senior Center..... 505-867-9448
801 Rotary Park Rd, Bernalillo 87004
Corrales Senior Center 505-897-3818
4324 Corrales Road, Corrales 87048
Cuba Senior Center 575-289-3510
16 Cordova St, Suite A, Cuba 87013
Jemez Community Center..... 575-834-7630
8154 Highway 4, Jemez Pueblo 87024
Peña Blanca Community Center..... 505-465-2652
778 Highway 22, Peña Blanca 87041
Placitas Community Center 505-867-1396
Camino de la Huertas, Placitas 87043

OTHER SENIOR CENTERS - ALBUQUERQUE

Senior Affairs, Albuquerque Department of 505-764-6400

Provides a variety of services for the 50+ population. Call for information about the specific senior center in your community.

www.cabq.gov/seniors

Barelas Senior Center505-764-6436

714 Seventh St SW, Albuquerque 87102

Bear Canyon Senior Center.....505-767-5959

4645 Pitt NE, Albuquerque 87111

Highland Senior Center505-767-5210

131 Monroe NE, Albuquerque 87108

Los Volcanes Senior Center505-767-5999

6500 Los Volcanes NW, Albuquerque 87121

Manzano Mesa Multi-Generational Center505-275-8731

501 Elizabeth St SE, Albuquerque 87123

North Valley Senior Center505-761-4025

3825 Fourth NW, Albuquerque 87107

Palo Duro Senior Center505-888-8102

5221 Palo Duro NE, Albuquerque 87110

North Domingo Baca Multi-Generational Center505-764-6475

7521 Carmel NE, Albuquerque 87113

TRANSPORTATION

Catholic Charities of Albuquerque – Senior Transportation.....505-724-4659

Transportation services provided: medical appointments, groceries and meet senior's day to day needs. Eligibility: Client must be over the age of 65. To schedule a ride call 8 to 10 business days in advance. No charge but donations are always gratefully accepted.

Disabled American Veterans Hospital Service Coordinator.....505-256-2821

1501 San Pedro SE, #T-59, Albuquerque 87108 505-383-2400

Supports New Mexico Department of Veterans' Services (NMDVS). To request service, call the DAV Transportation office well in advance.

Rio Metro Dial-a-Ride (Sandoval County Office)..... 505-404-2063
Fax: 505-404-2083

Door-to-door transportation for persons with disabilities, 18 years and older, and individuals 62 years of age and older. Service within City of Rio Rancho and Albuquerque.

www.nmrailrunner.com.org/access/paratransit/rio-rancho
www.riometro.org

NM Rail Runner.....1-866-795-7245

809 Copper Ave NW, 87102

FREEDOM PASS - Veterans with a VA medical card can ride the New Mexico Rail Runner Express for free with Rio Metro's Freedom Pass. Many bus connections are also free with the FREEDOM PASS, including Santa Fe Trails, ABQ RIDE and Rio Metro.

REDUCED FARES - Available to seniors age 60 and older and allows access to most buses for free with a valid printed or mobile NM Rail Runner Express ticket. Seniors ride free on Wednesdays.

www.riometro.org

Sandoval County Public Transportation..... 866-795-7245

Rural, public transit service within Sandoval County, the Town of Bernalillo, the Enchanted Hills neighborhood in Rio Rancho and communities located along New Mexico 4, New Mexico 22, and U.S. 550. Service is offered Monday – Friday.

www.riometro.org

Sandoval County Assisted Transportation Program..... 505-934-8774

Van transportation service for meal site, medical appointments and shopping. Contact the senior center in your area. Donations accepted.

VOLUNTEER PROGRAMS

AARP New Mexico..... 866-389-5636

535 Cerrillos Rd Suite A, Santa Fe 87501

A variety of volunteer opportunities available like the AARP Driver Safety Program and providing tax assistance for seniors.

www.aarp.org/giving-back

AmeriCorps

Volunteers serve with organizations dedicated to helping others.

www.americorps.gov

City of Rio Rancho 505-891-5000

3200 Civic Center Circle NE, Rio Rancho 87144

Volunteers assist with nearly every aspect of our city’s government. Whether a volunteer is involved in an ongoing position or a single event, volunteer daily, weekly or monthly, the city of Rio Rancho appreciates the support.

Apply on-line at: www.rrnm.gov

City Agencies using volunteers: Administration..... 505-891-5002

Emergency Management.....505-891-5855

Keep Rio Rancho Beautiful 505-896-8728

Library and Information Services 505-891-5013

Parks and Recreation 505-891-5015

Police Department 505-891-5900

Senior Services 505-891-5018

Retired Senior Volunteer Program (RSVP)..... 505-404-5822

1500 Idalia, Building B, Bernalillo 87004..... 505-404-5818

Volunteer placement with community agencies for persons 55 and over.

www.sandovalcounty.com