



NOVEMBER 2023



MONDAY	TUESDAY	WEDNESDAY 1*	THURSDAY 2 *	FRIDAY 3
2% Milk Served w/Each Meal Can Fruit in Light Syrup WW=Whole Wheat GC=Green Chile,RC=Red Chile HM=Honey Mustard Menu Subject to Change		Pepper Steak Mashed Potatoes & Gravy Steamed Seasoned Broccoli Tossed Garden Salad w/Dressing WW Roll w/Margarine Pineapple Tidbits	GC Beef Enchiladas Chuckwagon Corn Stmd Zucchini/ Onions Shredded Lettuce/Diced Tomato Mixed Fruit	3 Cheese Baked Ziti w/ Marinara Sauce Italian Vegetables Caesar Salad w/ Dressing Garlic Breadsticks Diced Peaches
MONDAY 6	TUESDAY 7 *	WEDNESDAY 8 *	THURSDAY 9	FRIDAY 10
Chicken Strips w/HM Tater Tots Steamed Cauliflower Garden Salad w/Dressing Apricots	Carnitas Refried Beans Steamed Seasoned Corn Shredded Lettuce/Diced Tomato Tortilla Fresh Orange	BBQ Chicken Breast Rice/Orzo Pilaf Steamed Green Beans 3 Bean Salad WW Roll w/Margarine Tropical Fruit Cocktail	Baked Ham Scalloped Potatoes Garden Salad Seasoned Baby Carrots WW Roll w/Margarine Applesauce	
MONDAY 13 *	TUESDAY 14 *	WEDNESDAY 15 *	THURSDAY 16 *	FRIDAY 17
Country Fried Steak Mashed Potatoes w/Gravy Steamed Mixed Vegetables Garden Salad w/Dressing WW Roll W/Margarine Chilled Fruit Cocktail	Smthd Beef & Cheese Burrito Pinto Beans Spanish Rice Shredded Lettuce/Diced Tomato Honeydew Melon	GC Chicken Stew w Diced Potato/Mixed Vegetables Steamed Carrots Tossed Salad w/Dressing Tortilla Fresh Apple	Thanksgiving Turkey Roast Mashed Potatoes/w Gravy Cornbread Stuffing/w Cranberries Mixed Green Salad w/Dressing WW Roll /w Margarine Pumpkin Cake/w Topping	Egg Salad Sandwich Carrot & Raisin Salad Lettuce Leaf & Tomato Slice Diced Pears Chocolate Chip Cookie
MONDAY 20 *	TUESDAY 21	WEDNESDAY 22 *	THURSDAY 23	FRIDAY 24
Spaghetti w Meat sauce Italian Vegetables Caesar Salad w/Dressing Garlic Breadstick Fresh Pears	Sandoval County Cobb Salad w/Baby Corn, Turkey, HB Egg Tomato, Cheese, Bacon Bits Club Crackers & Croutons Applesauce	Frito Pie w/Cheese Chuckwagon Corn Shred Lettuce, Diced Tomato Flour Tortilla Baked Spiced Apples	ALL CENTERS CLOSED 	ALL CENTERS CLOSED 
MONDAY 27 *	TUESDAY 28	WEDNESDAY 29 *	THURSDAY 30	
Chicken Stir Fry Brown Rice Oriental Vegetables Tossed Salad w/Dressing WW Roll W/Margarine Fresh Peaches	BBQ Pork Rib Sandwich French Cut Green Beans Coleslaw Fresh Grapes Oatmeal Raisin Cookie	Meatloaf Mashed Potatoes & Gravy California Blend Vegetables Garden Salad w/Dressing WW Roll w/Margarine Tropical Fruit Cocktail	Lemon Pepper Tilapia Brown Rice Pilaf Capri Vegetables Broccoli Grape Salad WW Roll w/Margarine Fresh Apple	

Final Approved Menu